

Lyme's Senior Center

Take-a-Hike Thursday

Date: 2nd Thursday of each month

Time: 9:30-11:30ish am

Place: A different location each week

Contact: openspace@townlyme.org

The walks are moderate unless noted. Mileage is approximate. Bring a water bottle and dress for the weather. Walking sticks are recommended. Reservations are required.

Inclement weather cancels.

The schedule (please note that the schedule may change)

May 12 – Hartman Park, Gungy Rd. Lyme CT. Meet at the Main Entrance parking lot. The unique natural, historic and archeological features in Hartman Park make it a delight to explore. We will look for spring wildflowers. 2.5 miles

Directions: Look for the Hartman Park sign about 1.25 miles north of the intersection of Beaver Brook, Grassy Hill and Gungy Rd.

June 9 – Pleasant Valley Preserve. 20 McIntosh Rd, Lyme, CT We will walk through a variety of habitats, including meadows with cedar groves. There is a long moderate incline to a spectacular overlook. 3 miles.

Directions: Park in lot on McIntosh Rd about 1/4 mile from Rte 156.

July 14 – Rocky Neck Beach. Rte 156, Niantic, CT. A beautiful walk along the salt marshes to the beach on Long Island Sound. Bring binoculars if you have them. 2.5 miles.

Directions: Meet at the parking lot on Rte 156 across from the KOA Campground, 271 Main St (Rte 156), about 0.5 mile east of the intersection with Four Mile River Rd.

August 11 – Watch Rock Preserve. Joel Road, Old Lyme. Easy walk along rocky outcroppings on the water with beautiful views of the salt marshes. Bring your binoculars. We will take our time. 1 mile. **Directions:** Take Rte 156 to Noyes Rd. Take first right and stay to the right to reach the parking lot on Joel Rd. <https://www.oldlymelandtrust.org/copy-of-upper-three-mile-river-pres>

September 8 – Gillette's Castle State Park. Ferry Rd. (Rte 148) Lyme CT. We will walk up a beautiful walkway to the Castle and explore the route that was once a narrow gauge train trail. Beautiful CT River views and a tunnel. 2.5 miles. **Directions:** Meet at the Hadlyme public boat ramp parking lot by the Chester-Hadlyme Ferry. (Note: For google maps, search for "Chester-Hadlyme Ferry". Make sure GPS sends you to Ferry Road in Lyme, not Old Lyme.)

October 13 –John Lohman CT River Preserve. 33 Colt Lane, Old Lyme CT. Parking is along the road. A short steep incline opens to a beautiful expanse of meadow. We will walk along the mowed path to reach our destination, Whale Rock, a spectacular outcropping with views of

Lord Cove and the CT River. Bring your binoculars. 1.5 miles
<https://www.oldlymelandtrust.org/lohmann-ct-river-preserve>

November 10 – Brockway-Hawthorne Preserve. Brush Hill Road, Lyme CT. Meet at the Brush Hill Rd. parking lot. We will walk to the Selden Cemetery and back past beautiful natural and manmade stone features. About 2.5 miles

Directions: The Parking lot is 1/4 mile south of the intersection of Rte. 82 and Brush Hill Rd in Lyme. Look out for the preserve sign which is a little north of the entrance driveway.

December 8– Darling Road Preserve. Gungy Rd., Salem CT. We will walk along a portion of the Goodwin Trail and visit a giant ancient oak tree. About 2.5 miles.

Directions: Meet at Goodwin Trail parking, Gungy Road, Lyme, ¾ mile north of the main entrance to Hartman Park – 2 miles north of the intersection of Beaver Brook, Grassy Hill and Gungy Rd.